

# 1.- Fitting the face mask (UNE standard 0065:2020)

Face masks should be worn on bare or shaved skin to ensure facial hair does not interfere with the seal. Follow these steps to fit the mask correctly:

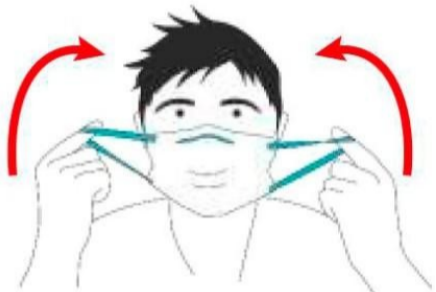


a.- Wash your hands with soap and water or rub them with a hydroalcoholic solution before handling the mask.



b.- Locate the top edge of the mask.

c. - Position the mask over your face, at nose level.



d.- Hold the mask in place from the outside and pull the straps over your head or each of your ears. Do not cross the straps.

e.- Pull the bottom edge of the mask down to your chin.



f. - Check the mask is fitted correctly. It should have a good seal on all sides and not cause any respiratory discomfort.

g.- Once fitted, do not touch the mask with your hands. If you need to touch the mask, wash your hands with soap and water or rub them with a hydroalcoholic solution before doing so.

# 2.- Removing the face mask (UNE standard 0065:2020)

To avoid contamination when removing a mask, follow these steps:

1. Remove protective gloves.
2. Wash your hands with soap and water or rub them with a hydroalcoholic solution.
3. Remove the mask without touching the front side.
4. If you are going to reuse the mask, see section 3. If you are going to dispose of the mask, see section 4.
5. Wash your hands with soap and water or rub them with a hydroalcoholic solution.

### 3. Washing and drying the face mask (UNE standard 0065:2020)



Machine-wash and disinfect the mask in a full 60°C wash cycle with standard detergent (normal washing machine cycle).

Ensure the used mask does not come into contact with any clean clothes.

The person loading the machine should wear protective equipment when handling used masks. Products that could degrade or damage the material, diminishing its protective capacity, should not be used.

Dry the mask thoroughly within 2 hours of washing. Do not dry or sterilise in a microwave oven. When washing and subsequently storing the mask, avoid environments that may contaminate it again.

After every wash, inspect the mask (with cleaned hands or wearing gloves).

If there is any damage (insufficient fit, deformed shape, wear and tear, etc.), it should be discarded.



### 4. -Correct disposal of the face mask (UNE standard 0065:2020)

To reduce the risks associated with using these face masks, they should be discarded when the maximum number of washes has been exceeded.

Correct procedure for mask disposal:



Discard masks in a bin with a bin-liner and, preferably, an automatic or pedal-operated lid. See picture.

Double-line the bin in case the outer bag ruptures.

Used masks can also be disposed of in biological waste containers.